



# SUMMER CAMP

## F.A.Q.'s



**What are the ages of the campers?** Registration and group placement is based on the age of the child and/or the school grade they will be entering in September. All groups are co-ed.

Preschool: Up to age 5

Mini-Camp: Entering kindergarten through 1<sup>st</sup> grade

Day Camp: Entering kindergarten through 8<sup>th</sup> grade

Counselor in Training: Ages 13-15yrs.

**Can my child be in the same group as his/her friend?** Yes, campers may request to be placed in the same camp group as a friend providing they are the same age or entering the same grade level in September. Day Camp is also a place to meet new friends and within days, if not hours, new friendships will begin to be formed.

**When can I enroll?** Camp registration is on a 'first come first served basis' and many age groups and/or weeks fill up quickly. However, if we have an opening we will accept registration throughout the camp season.

**Who are the staff?** Our staff includes teachers, childcare professionals and mature personnel chosen for their high-energy, love for kids, and concern for the safety and well-being of everyone at camp. All staff is background and reference checked to ensure that only the best are chosen as role models for your children.

Camp Specialists have knowledge and experience in specific camp activities. These can include sports, arts & crafts, dance, and other areas. They receive training in Day Camp administration, child guidance, staff and camper supervision, and activity planning/implementation for their specialty.

Camp Counselors are young men and women 18yrs. of age and older. All counselors go through staff training to prepare them to work with children and equip them with skills in camping, sports, academics, conflict resolution, friend-making, and child guidance.

Assistant Counselors are ages 16-17yrs. and work under the supervision of the counselors and specialists to help achieve the goals of the camp and ensure all campers safety and happiness. Assistant counselors receive the same training as our camp counselors.

**Is there medical staff on-site?** Yes, we have a full time medical staff person available to treat campers for scraps to more serious incidents. Additional staff members are certified in CPR, CPRO, AED and EPI pen administration.

**What if my child needs medication during Camp?** Not a problem. You simply need to fill out a form and supply the prescription medication in its original bottle with the campers name and dosage clearly marked. Trained medical personnel will administer the medication as per your doctor's prescription. You are also welcome to come and give your child the medication at the required times.

**What does my child need to bring to camp each day?** Your child will need a bathing suit, a sun hat, cap or visor and extra sunscreen to be reapplied throughout the day. There are water stations throughout the camp and we supply towels for the water activities. If you child is under the age of 6, we suggest you pack an extra set of clothes in case of bathroom accidents or lunch time spills. Please label everything you pack into your child's back pack, including the back pack.

**What should my child not bring to Camp?** Please do not allow your child to bring any valuable or special items to camp that if lost or damaged will cause you or your child to be upset. This includes; Jewelry, cell phones, iPods, iPads, game players, ect.\*Kids of Mount Sinai can not be responsible for any lost or damaged items.

**What should I expect when I drop my child off?** Prior to camp you will receive an information packet with your child's counselor and group information. This will include your child's group name/color and their morning drop-off location. For preschool programs you will enter the school under the blue awning. Staff will be present to direct you to your child's classroom. All other campers should be brought to the fenced tennis/basketball court area. Colored signs will be found along the fenced perimeter and will coincide with the camper group colors. Staff will be available at the court entrance to assist you. Please proceed to your child's group color and meet with your child's counselor. Our counselor's will ask for any pertinent information, explain the schedule, and answer any questions you might have. After your child is with his/her teacher or counselor you are all set.

**What do I need to do to pick my child up?** Your pre-camp information packet will also provide your child's pick up information. This will include the time and location for pick up. Preschool groups will be picked up in the same classroom that you dropped of at. All other campers will have a designated outside area for pick up. A colored sign will be found at that location coinciding with their group color. You must sign your child out with their teacher or counselor before leaving. For your child's safety you will be required to show identification until such time as their teacher or counselor becomes familiar with you. Please instruct anyone that you have provided authorization for on your child's Pick Up Form that they must show identification.

If you need to pick up early please come into the office for assistance. Your child's group will be contacted and a staff member will bring your child in for pick up and sign out.

If you need to have someone else pick up your child you must contact the office in advance. You must provide their name and description and we will ID them before releasing your child to their care. **WE WILL NOT RELEASE A CHILD TO ANYONE NOT AUTHORIZED OR CAPABLE OF PROVIDING IDENTIFICATION.**

**Can I visit my child during Camp?** Of course! We only ask that you come into the office first and a staff member will take you to your child's group. This is for the safety of all campers by preventing any unknown individuals from being on the premises.

**If my child is sick can he/she make up the missed days?** Make-ups or refunds can not be made on missed days due to illness/injury shorter than 5 days. A doctor's note will be required for illness/injury of 5 days or more.

**What do the campers do if it is raining or excessively hot?** Kids of Mount Sinai has plenty of indoor space to accommodate all campers on rainy days. On these days we have special programming for the campers. In excessive heat we modify the schedule to give more time in the water, more time indoors, and we limit high exertion activities.

**Can my child celebrate their birthday at Camp?** Yes, they may celebrate with their group by bringing in cupcakes or other treats. Please notify their counselor in advance and bring the goodies into the office for safe keeping.

**What will my child be eating for lunch?** Our camp lunch program includes a wide variety of kids favorite sandwiches. Each child will have a daily choice of sandwiches from the following menu;

Ham	Turkey	Bologna	American Cheese
Ham & Cheese	Turkey & Cheese	Bologna & Cheese	Bagels with Cream Cheese
Bagels with Butter	Peanut Butter	Peanut Butter & Jelly	Tuna Fish

In addition, every Wednesday is our camp barbecue with both hamburgers and hot dogs available (non-meat choices will also be available from the above menu), and on Friday's we end the week with our camp pizza party.

**What if my child has special dietary needs?** Please speak directly with the Camp Director regarding any special dietary requirements and we will make every effort to accommodate your child's individual needs. However, if our menu is a major problem you may send in a lunch for them. We only request that it is a nutritious boxed lunch clearly marked with their name and camp group. All lunches will be refrigerated and given to your child at their group's lunchtime.

**Do you provide snacks and drinks?** Yes, snacks and drinks are provided. Pretzels, corn chips, potato chips, goldfish, crackers, and other favorites are provided with lunch. Ice water is available at all times and is located throughout the camp. Ice tea, lemonade, or fruit punch is provided at lunch in addition to ice water. All campers will also receive a daily afternoon snack of ice cream or frozen ices. During before and after care, breakfast and snacks are available for purchase at the cafe.

**My child has severe nut or other allergies. Can they still come to Camp?** Absolutely!! Please inform us of any and all allergies your child has. You will need to supply us with your child's medical plan, an EPI pen (if prescribed), and any medication needed. We will schedule a meeting for you with the Director and medical personnel to discuss the allergy, precautions, treatment, etc, before your child starts camp. All snacks provided are peanut free and a separate "peanut" table is set up at lunch for those children eating Peanut Butter. Ice Cream or Ices which are given out for afternoon snack are also peanut free. You may read our food labels and decide if it's ok for your child and/or send in specific snacks if you prefer. You can also leave a special snack in the office in case a birthday or other special occasion is celebrated at camp.